



# Lakeside Bowmen

PO Box 72, Petrie, QLD

Web Site: <http://lakesidebowmen.com.au>



March 2012

Hello all Lakeside Bowman Archers.

**Annual AGM** Will be held on the 17<sup>th</sup> of March, everyone is welcome to attend, as all of the places on the committee will be open for the new year. Please take the time to stay after the club shoot to be present for this very important Club meeting.

**2013 National Safari** :This event will include the National IFAA, ABA and 3D Championships being held at Alice Springs, with National IFAA commencing the week before Easter. Details of this event are included in Archery Actions. All ABA members can compete and will be graded according to the equipment they shoot, and their shooting ability.

I wish all the luck to those attending and make a safe journey there and back.

**Membership Draw** : Adrianna Speight's name came out for the February members draw, and since she wasn't at the shoot it has now jackpotted to \$180 for the March shoot.

**Membership Cards** : As we seem to have an increasing number of people shooting at the club who are not probationary or full members, we ask that when you are at the club please display your club membership card, either on your shirt or on your quiver. We are in the process of issuing all members with a plastic cover to keep your membership cards in, so if you are at the club and don't have a plastic cover, ask for one. Unauthorised people shooting at the club pose a risk to every member who may be there lawfully, as they have not been part of the Club coaching session or understand the safety aspects of the sport. If there is an accident these people are not covered by the Club or ABA for insurance purposes.

**Members Sign in** : The Committee asks that members continue to sign the register book before practice. Any non members must be ABA members to shoot on the range and practice area. Recording your details in the register helps the club keep a record on who is using the club facilities and may also help in future funding for grants. On a quick count in 1 month, from mid January to mid February, approximately 350 people signed the book, which is pretty staggering. It is good to see that so many members are making use of the facilities and are so keen on their archery.

**Proficiency course** There have been a number of enquiries as to the next courses, Barry Clarke has them now printed and on the notice board for all those wishing to attend. Information is also attached to this newsletter.

**Branch 3D titles** Due to the bad weather recently the 3D titles at Pacific Club was postponed until 20/21 April. This is a great shoot and I hope to see as many Lakeside members attend, especially the new members, it's a great weekend.

## **March recipe**

### **Venison bolognese and spaghetti**

8 portions of cooked spaghetti (or any pasta of your choice)

1 kilo course minced venison, 200 gm minced bacon, 1 diced onion, 1 diced carrot, 2 cloves garlic minced, 400gm tomato puree, 2 bay leaves, 2 tablespoons tomato paste, 2 tablespoons worcestershire sauce, 1 tablespoons sugar, 1 beef stock cube and cracked salt and pepper to taste.

**Method** : Brown the venison mince until all the moisture has gone and has started to brown (caramelize). Take out of frying pan and into a bowl. Brown the diced onions and add the garlic and cook gently for 1 minute. Add the venison mince back in and add tomato puree, Worcestershire sauce, bay leaves, beef stock cube, sugar, tomato paste and 1 tin of water from tin of tomato puree. Bring to a simmer then on a low heat for a further hour. Serve sauce with pasta in a mixing bowl until its combined and top with parmesan cheese. Enjoy.

Ladies Day : which was to be held on the 3<sup>rd</sup> March has been postponed to 1<sup>st</sup> June, from 12.30 – 4pm. All ladies are invited to attend.

## Upcoming events

<b>March</b>		
17 <sup>th</sup>	Club Shoot & AGM	Lakeside
23 <sup>rd</sup>	Block Coaching 2	Lakeside
23 <sup>rd</sup> to 1 <sup>st</sup> April	National Safari	Alice Springs

<b>April</b>		
13 <sup>th</sup>	Block Coaching 3	Lakeside
14 <sup>th</sup>	Working Bee	Lakeside
20 <sup>th</sup>	Block Coaching 3	Lakeside
21 <sup>st</sup>	Club Shoot	Lakeside
27 & 28 <sup>th</sup>	New Adult Members Weekend	Lakeside

<b>May</b>		
4 <sup>th</sup>	Block Coaching 3	Lakeside
4 <sup>th</sup> & 5 <sup>th</sup>	State ABA Titles	TBA
11 <sup>th</sup>	Block Coaching 3	Lakeside
12 <sup>th</sup>	Working Bee	Lakeside
18 <sup>th</sup> & 19 <sup>th</sup>	State IFAA Titles	Lakeside
25 <sup>th</sup>	Adrenalin Men/Adventure Women (To be confirmed)	Lakeside
26 <sup>th</sup>	Club Shoot	Lakeside

### **Bowhunter Proficiency Certificate courses for 2013**

To be held at Lakeside Bowmen Club House starting at 8.30 am on the following dates

Saturday 23<sup>rd</sup> February; Saturday 25<sup>th</sup> May; Saturday 17<sup>th</sup> August; Saturday 9<sup>th</sup> Novemebr

Pre-requisite – you need to be a full financial member of ABA for three months and bring you ABA card with you.

The course consists of a written test for adults based on knowledge of the National Bowhunter Education Manual and an accuracy test for adults, juniors and cubs.

The National Bowhunter Education Manual is available from the ABA Shop with order forms in the Archery Action Magazine and is a good reference for archery and the outdoors. A limited number are available on loan from the club on the day.

Please phone Barry Clarke on 0402 227 037 or 3204 4394 to register your interest.